

Event promoted for and on behalf of Cycling Time Trials under its rules and regulations



Start Sheet for 25 miles Championship Time Trial

to be held on

Saturday 25th May 2024

Course F2a/25 ~ Start at 2.00 pm

Timekeepers

Tim & Wally Groves, Martyn Anderson

Awards

OPEN:	1st: Brunwin Cup + Boxed Medal. 2nd: Championship Gilt Medal. 3rd to 6th: Championship Medal.
FEMALE:	1st: Mrs Florence Lang Memorial Trophy + Boxed Medal. 2nd: Championship Gilt Medal. 3rd: Championship Medal.
TEAM:	1st Team of Three: Championship Gilt Medals.
HANDICAP:	1st: ECCA Gilt Medal. 2nd to 6th: ECCA Medal.
Only members of ECCA affiliated clubs are eligible for awards	

Event Headquarters

The Hub Community Centre, High Street, Great Cambourne, CB23 6GW

Event Secretary: Chris Dyason, 2 Primes Corner, Histon, Cambridge CB24 9AG
Mobile: 07970-093019 Email: cdyason@hotmail.com

For full details of future ECCA events and results of past events and the season long competitions, go to www.easterncounties.org.uk where you will find this information plus lists of officials and member clubs. The website will always be up to date and should be your "go to" site for the latest information. You will also see details of The Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

If your club is not affiliated and is within one of our relevant districts why not affiliate. Not only do we promote a comprehensive time trials programme but we also have road races, circuit races and a grass track meeting and our collection of wonderful trophies is extensive. Full details are on the website.

For those worried about the marshalling requirements note that the duties reflect rider participation and that we now pay each marshal £20 towards their expenses. With many of the smaller clubs finding it difficult to promote races because of the lack of helpers, the ECCA offers a solution by promoting many races which only require a club to provide a small number of marshals throughout the year. It would be a shame to lose those races because clubs and their members are unwilling to help.

COURSE DETAILS F2a/25

Grid References Start: TL389595 Finish: TL 389596

Interactive map: https://www.questronics.co.uk/maps.html?F2a_25

START on St Neots Road west of Madingley roundabout, about 626yds west of roundabout at a point 6yds west of 'Comberton 2' sign and 95yds west of road leading to Comberton. Proceed eastwards to Madingley roundabout where take 1st exit onto A428 westbound, past Hardwick and Cambourne junctions to:

TURN (6.56m) at Caxton Gibbet roundabout (junction with A1198). Retrace A428 eastbound and about 1 mile past Hardwick flyover bear left onto A1303 sliproad (CTT arrows here, **NO MARSHAL**), signed Cambridge, follow over A428 to:

TURN (12.86m) at Madingley roundabout taking 4th exit to rejoin A428 and retrace westbound to:

TURN (19.13m) at Caxton Gibbet roundabout. Retrace A428 eastbound and again bear left onto A1303 sliproad, signed Cambridge, to:

FINISH on sliproad 15yds past 'Bend' sign.

RIDERS' NOTES

HQ to Start:

5.4 miles of flat road. Follow signs from the HQ to the roundabouts at the junction with the A428 and cross over the dual carriageway. Take the second exit onto St Neots Road and follow, crossing the bridge over the A428 to a roundabout where go straight on (still St Neots Road), past the BP garage. At the next RAB take the 3rd exit signed to Hardwick and the start is further along this road. Signs will mark the whole route.

Finish to HQ:

6 miles. **Continue** to RAB where take 3rd exit, signed Comberton, Hardwick. Stay on this road past the start until it bears right to a roundabout where take the first exit. Follow this road to the next roundabout where straight on and cross the bridge over the A428. Follow to the roundabout at Cambourne junction and cross over the A428 then follow signs to the HQ. Signs will mark the whole route.

No parking at the finish or close to the start. There is good parking at the HQ but many riders choose to park along St Neots Road closer to the start and finish. There is plenty of space to park along St Neots Road but please don't park in front of houses

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions. The HQ will be open from 12:30 for numbers and signing-on.

All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.

Hot drinks and cakes will be available free of charge at the finish but there will be a pot for donations to the two local air ambulance services. Please bring change.

NATIONAL REGULATIONS

Regulation 15

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard.

Regulation 14 (j) and (k)

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.

NO HELMET - NO LIGHTS – NO RIDE

Regulations 13 (a) & 27(d)

Riders are reminded that you MUST notify of any improvement in your PBs. Failure to do so will disqualify you from the handicap awards. The event has been handicapped using the ECCA Handicapping System.

LOCAL REGULATIONS

4.5.1 A competitor must not warm up on any part of the course after the event has started. Any competitor doing so shall be disqualified from the event and may face further disciplinary action.

4.5.2 A competitor must not move out of the first (inside) lane of any multi-lane carriageway to complete the course. Any competitor doing so shall be disqualified from the event and may face further disciplinary action.

4.5.3 A competitor must not cross the central reservation of a dual carriageway, either on foot or astride a cycle. Any competitor doing so shall be disqualified from the event and may face further disciplinary action.

4.6.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.6.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

Your Safety

At the roundabout turn you should get to the middle of the roundabout as soon as it is safe to do so. If you ride on the outside of the roundabout you are at risk from vehicles leaving at each exit. You MUST give way to any vehicle from the right and you should NOT enter the roundabout if the way is not clear and should give a clear signal as to your intended route.

Reserves

There are 5 reserves waiting for start times so please advise Organiser ASAP if you will be a DNS

SOLOS

**** = Club not affiliated to ECCA. Rider(s) not eligible for awards**

For riders without a 25 time the PB is shown with * and is predicted from other PBs

No	Start	Name	Club/Team	Cat	Bike	H'cap	PB
1	14:01	Chris Dyason	Cambridge CC	V	TT	16:57	58:09
2	14:02	Lynne Scofield	**Rockingham Forest Wheelers	FV	RB		1:15:44
3	14:03	Terri Wiley	Newhall CC	F	RB	31:06	1:13:19
4	14:04	Tony Meader	Eagle Road Club	V	RB	26:43	1:08:37
5	14:05	Robert Watson	Cambridge CC	V	TT	12:15	53:07
6	14:06	Amy Sole	**Full Moo Cycling	FV	TT		1:07:52
7	14:07	Stephen Hitchcock	CC Sudbury	V	TT	21:58	1:03:32
8	14:08	Michael Fry	Glendene CC	V	TT	23:28	1:05:08
9	14:09	Mick Claydon	Ashford Whs	V	TT	23:27	1:05:07*
10	14:10	Toby Hetherington	Newhall CC	S	RB	22:10	1:03:44*
11	14:11	Stephanie Cousins	**QN Racing	FV	TT		1:03:28
12	14:12	Claire Lee	Shaftesbury CC	FV	TT	21:50	1:03:23
13	14:13	Phil Bailey	Loose Cannon's Conditioning	V	TT	21:48	1:03:21
14	14:14	Karen Ayles	**Maldon & District CC	FV	TT		1:03:00
15	14:15	Jamie Bishop	Newhall CC	V	RB	21:23	1:02:54
16	14:16	Paul Wright	**Army Cycling	V	TT		1:02:29
17	14:17	Matthew Clarkson	Wisbech Whs	V	TT	20:56	1:02:25
18	14:18	Henry Linscott	**Gregarios Superclub Ciclista	S	TT		1:02:24
19	14:19	Steve Skinner	**Southdown Velo	V	TT		1:02:17
20	14:20	Jen Clegg	**Team Bottrill	FV	TT		1:01:27
21	14:21	Deborah Sheridan	**...a3crg	FV	TT		1:01:16
22	14:22	Andy Grant	Chelmer CC	V	TT	19:36	1:01:00
23	14:23	Andy Robinson	Ashford Whs	V	TT	19:33	1:00:56
24	14:24	Sarah Kelman	**St Ives CC	FV	TT		1:00:53
25	14:25	Ann Shuttleworth	Cambridge CC	FV	TT	19:27	1:00:50
26	14:26	Lindsay James	**Tickhill Velo Club	FV	TT		1:00:38*
27	14:27	Iain Tebbutt	**Coalville Whs	V	TT		1:00:32
28	14:28	Dominic Whitehead	Cambridge CC	V	TT	18:59	1:00:20
29	14:29	Michael Allen	**Team Enable - M.I. Racing	V	TT		56:18
30	14:30	Peter Noble	Ely & District CC/B&T Motor Repairs	V	TT	18:49	1:00:09
31	14:31	Chaz Hollosi	**Gemini BC	V	TT		1:00:00*
32	14:32	Steve Cornish	**St Ives CC	V	TT		59:56
33	14:33	John Golder	Chelmer CC	V	TT	18:27	59:46
34	14:34	Stewart Harrison	**Team Bottrill	V	TT		59:39
35	14:35	Gary Tuskin	**Poole Wheelers Cycling Club	V	TT		59:17
36	14:36	Chris Cummings	Fenland Clarion CC	S	TT	18:00	59:17
37	14:37	Charles Langford	Southend Wheelers	Y	TT	17:59	59:16
38	14:38	Peter Iffland	**Chippenham & District Wheelers	V	TT		59:06
39	14:39	Patrick Miles	Verulam CC	V	TT	17:44	59:00*
40	14:40	Richard Moule	**Bossard Whs	V	TT		58:58
41	14:41	Drew Sheffield	**FTP (Fulfil The Potential) Race Team	V	RB		58:30
42	14:42	David Prom	**Abellio - SFA Racing Team	V	TT		58:28
43	14:43	Roger Sewell	Wisbech Whs	V	TT	17:03	58:16
44	14:44	Stephen Murphy	Shaftesbury CC	V	TT	16:58	58:10
45	14:45	Hans Nilsson	London Phoenix CC	V	TT	16:48	57:59

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No	Start	Name	Club/Team	Cat	Bike	H'cap	PB
46	14:46	Cameron Morris	Icknield RC	E	TT	16:46	57:57
47	14:47	Roger Porter	Verulam CC	V	TT	16:42	57:53
48	14:48	Lisa Davis	**DRAG2ZERO	FV	TT		57:39
49	14:49	Roger Whittle	**Gloucester City Cycling Club	V	TT		57:11
50	14:50	Stan Nwaka	**Verulam Really Moving	V	TT		57:00
51	14:51	Max Sahota	**Team Bottrill	S	TT		56:41
52	14:52	Peter Cottington	**Bath Cycling Club	V	TT		56:40
53	14:53	Sean McDougall	Icknield RC	V	TT	15:18	56:23
54	14:54	Abid Hussain	Icknield RC	V	TT	15:16	56:21
55	14:55	Michael Bennett	**Bicester Millennium CC	V	TT		56:13
56	14:56	Chris Spray	**Ratae RC	V	TT		56:13
57	14:57	Nicholas Coe	**Verulam Really Moving	V	TT		56:09
58	14:58	Tim Baggs	**Sherwood CC	V	TT		55:40
59	14:59	Sean Bradley	**Team Trident	S	TT		55:40
60	15:00	Chris Symonds	**North Road CC	V	TT		56:44
61	15:01	Michael Weaver	**Rockingham Forest Wheelers	V	RB		55:33
62	15:02	Deborah Beare	Icknield RC	FV	TT	14:25	55:26
63	15:03	Claire Emons	**...a3crg	FV	TT		55:24
64	15:04	Andrew Halliday	**Westerley Cycling Club	V	TT		55:23
65	15:05	Owen James	**Tickhill Velo Club	V	TT		55:14*
66	15:06	Gary Pamment	CC Sudbury	V	TT	14:14	55:14
67	15:07	John Lacey	**Hemel Hempstead CC	V	TT		55:08
68	15:08	Steven Loraine	**Legato Racing Team (LRT)	V	TT		54:57
69	15:09	Jez Willows	**Sherwood CC	V	TT		54:57
70	15:10	Louise Robinson	Shaftesbury CC	FV	TT	13:52	54:51
71	15:11	Lawrence Wintergold	**Hounslow & District Whs	V	TT		54:49
72	15:12	Ian Braybrook	Basildon CC	V	TT	13:50	54:49
73	15:13	Peter Richards	Icknield RC	V	TT	13:49	54:48
74	15:14	Daryl Maffey	**CC London	V	TT		54:35
75	15:15	Carl Shaw	**Race Hub	V	TT		54:28*
76	15:16	Lee Turner	**VeloRefined Rule 5	V	TT		54:17
77	15:17	Alex Pickering	Elysium Kalas Race Team	E	TT	13:19	54:16
78	15:18	Michael Martin	CC Ashwell	V	TT	13:19	54:16
79	15:19	Samuel Robinson	Ashford Whs	S	TT	13:18	54:15
80	15:20	Ian Cardy	Chelmer CC	V	TT	13:13	54:09
81	15:21	Steve Williams	**Army Cycling	V	TT		54:00
82	15:22	Chris Shaw	Fenland Clarion CC	V	TT	13:04	54:00
83	15:23	Mark White	**Mark White Coaching RT	V	TT		53:56
84	15:24	Ed Watson	**Ratae RC	V	TT		53:49
85	15:25	Ian Wroblewski	**SPRINT	V	TT		53:48
86	15:26	Karl Robertson	**Worthing Excelsior CC	V	TT		53:39
87	15:27	Michael Wills	**Team Lutterworth Cycle Centre	V	TT		53:38
88	15:28	Dan Jenkins	Hart Performance Coaching	V	TT	12:41	53:35
89	15:29	Murat Ozdenya	Team Vision Racing - Silverhook	V	TT	12:36	53:30
90	15:30	John Manlow	Ely & District CC/B&T Motor Repairs	V	TT	12:36	53:29

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91	15:31	Sebastian Harrison	**Islington Cycling Club	V	TT		53:25
92	15:32	Philip Wilkinson	**Rockingham Forest Wheelers	V	TT		53:25
93	15:33	Jeff Roberts	**High Wycombe CC	V	TT		53:24
94	15:34	Simon Hall	**Stourbridge CC	V	TT		53:13
95	15:35	Adrian Talley	**Velo Club St Raphael	V	TT		53:10
96	15:36	Matthew Smith	**Gemini BC	V	TT		52:59
97	15:37	Thomas Carroll	CC Breckland	V	TT	12:01	52:52
98	15:38	Stu Wright	API/Anglia Sport	V	TT	11:55	52:46
99	15:39	David Glossy	Elysium Kalas Race Team	V	TT	11:54	52:44
100	15:40	Joseph Costello	**Legato Racing Team (LRT)	V	TT		52:34
101	15:41	Mark Woolford	**ZeroBC Race Team	V	TT		52:31
102	15:42	Cy Gearing	**St Ives CC	V	TT		52:29
103	15:43	Julia Freeman	Easterley Road Club	FV	TT	16:26	57:36
104	15:44	Glenn Taylor	Shorter Rochford RT	V	TT	11:39	52:28
105	15:45	Grant Orsborn	**Bedfordshire Road RT	V	TT		52:25
106	15:46	Thomas Pfeiffer	**Dulwich Paragon CC	V	TT		52:15*
107	15:47	Richard O'Rourke	Team Vision Racing - Silverhook	V	TT	11:26	52:14
108	15:48	Ed Moss	**Beacon Roads CC	V	TT		52:12
109	15:49	Terry Garlinge	Easterley Road Club	V	TT	11:23	52:11
110	15:50	Kevin Wood	**Sherwood CC	V	TT		52:02
111	15:51	Emily Varley	Hitchin Nomads CC	F	TT	15:13	56:18
112	15:52	Mark Ellis	**Mercedes AMG Petronas CC	V	TT		51:48
113	15:53	Andrew Turnock	Finsbury Park CC	V	TT	11:01	51:48
114	15:54	Matthew Reader	Verulam CC	V	TT	10:51	51:37
115	15:55	Alfie Salmon	Hart Performance Coaching	E	TT	10:49	51:35
116	15:56	Tom Wade	**Cambridge University CC	S	TT		51:30
117	15:57	Steven Cottington	**Bath Cycling Club	V	TT		51:29
118	15:58	Shaun Jarvis	St Neots CC	S	TT	10:40	51:25
119	15:59	Nicholas Knight	Hart Performance Coaching	V	TT	10:33	51:18
120	16:00	Daniel Chambers	**Bicester Millennium CC	S	TT		51:13
121	16:01	Kevin Baumber	Shaftesbury CC	V	TT	10:29	51:13
122	16:02	Richard Evans	Shaftesbury CC	V	TT	10:17	51:01
123	16:03	Neil Cleminshaw	**ADDFORM Vive Le Velo	V	TT		50:58
124	16:04	Brett Davis	**DRAG2ZERO	V	TT		50:55
125	16:05	Mark Hamer	**Legato Racing Team (LRT)	V	TT		50:48
126	16:06	Richard Harrison	**DRAG2ZERO	V	TT		50:43
127	16:07	Myles Davidson	**Bigfoot CC	V	TT		50:42
128	16:08	Chris Jones	**Bynea Cycling Club	V	TT		50:41
129	16:09	Nick Dwyer	**DRAG2ZERO	V	TT		50:39
130	16:10	Nik Allen	**Team TMC	V	TT		50:33
131	16:11	Darran Bennett	Ely & District CC/B&T Motor Repairs	V	TT	9:40	50:21
132	16:12	Howard Bayley	**...a3crg	V	TT		50:11
133	16:13	Rob Young	Shaftesbury CC	V	TT	9:24	50:04
134	16:14	Dan Blackburn	**Epic Orange Race Team	V	TT		49:56
135	16:15	Adrian Ford	**Brighton Mitre CC	S	TT		49:52

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136	16:16	Simon Smart	**DRAG2ZERO	V	TT		49:46
137	16:17	Hannah O'Brien	Loose Cannon's Conditioning	FV	TT	13:45	54:43
138	16:18	Samuel Thienel	Elysium Kalas Race Team	S	TT	8:55	49:33
139	16:19	Andrew Meilak	**VeloRefined Rule 5	V	TT		49:26
140	16:20	Anthony Turner	**Mickey Cranks Cycling Club	V	TT		49:15
141	16:21	Liam Maybank	**Twickenham CC	V	TT		49:04
142	16:22	Nicholas Fennell	**Thanet RC	S	TT		48:58
143	16:23	Matt O'Brien	Loose Cannon's Conditioning	V	TT	7:58	48:32
144	16:24	Jacob Storey	**trainSharp	S	TT		47:58
145	16:25	Paul Pardoe	Peterborough CC	V	TT	7:15	47:46
146	16:26	Mark Jones	**DRAG2ZERO	V	TT		47:41*
147	16:27	Ollie Hucks	**TAAP Kalas	S	TT		47:09
148	16:28	James Jenkins	Hart Performance Coaching	S	TT	6:19	46:46
149	16:29	Jack Levick	**Rose Race Team	S	TT		46:25
150	16:30	Matthew Smith	**DRAG2ZERO	V	TT		45:59
RESERVES							
151		Andrew Vaughan	**City RC (Hull)	V	TT		1:04:11
152		Shay Giles	**Thanet RC	V	TT		1:05:48
153		Adam Wells	**Rockingham Forest Wheelers	S	TT		1:06:15
154		John Murphy	**Gloucester City Cycling Club	V	TT		1:09:10
155		Bob Brabbins	**VTTA West Group	V	TT		1:16:56